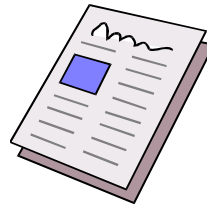


# ST. MATTHEW'S ONLINE NEWSLETTER



OCTOBER, 2009

The Episcopal Church of St. Matthew

## Respect: It does a Church good!

By Fr. Rick Wilson

Dear Friends: At the Celebration of New Ministry we had in September, the Bishop offered us all some valuable insights about being together as church. I believe he did this to remind us about respecting one another (not only in the church but in all our interactions with others). As I listened to his encouragement for us not to triangulate, I thought of one of the diocesan workshops I went through this past spring. It was one of the Fresh Start workshops.

The Diocese of Arizona offers a program called Fresh Start for priests new to the diocese since January 1, 2007. The program assists priests new to the Diocese of Arizona in making the transition into the diocese and their respective parishes. The program began last year and generally a new priest attends it for two years. The participants meet for a day each month except for summer. Since being received as an Episcopal priest, I have attended the program beginning last year and will complete it this year. The presentations are very informative and helpful.

At one of the workshops, the topic of *10 Things for a Healthy Church* was presented. I want to share them with you because I believe they can assist us in being people who truly respect one another.

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# For a Healthy Church

The Online Newsletter is the production of the volunteer staff and the Priest in Charge. Please email all articles before the **1st of the month** to: [stmattsnewsletter@hotmail.com](mailto:stmattsnewsletter@hotmail.com)

## UPCOMING EVENTS

**Adult Education—Sundays—9:20 am**  
**Evening Prayer—Wednesdays—6 pm**  
**Study Group—Wednesdays—7 pm**  
**Adult Education—Thursdays—7 pm**  
**Growth Group—Nov. 10 —3 pm**  
**Finance Cmte—Nov. 12—7 pm**  
**Vestry—Nov. 17 —7 pm**  
**Prayer Circle—Nov. 19 —10 am**  
**Abilities Club—Nov. 19 —11 am**

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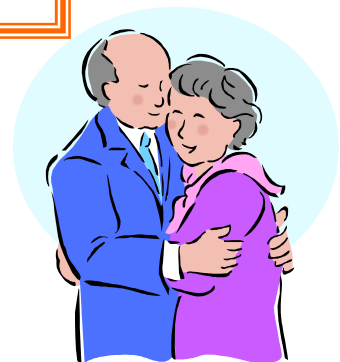
## October Birthdays:

- Oct. 1 - Richard Suozzi
- Oct. 2 - Donald Snover
- Oct. 3 - Sarah Delaney
- Oct. 6 - Clare Lazar
- Oct. 8 - Nancy Reynolds
- Oct. 9 - Judith Bass
- Oct. 12 - Steve Kimme-Hea
- Oct. 16 - Joel Orduno
- Oct. 21 - Anne Hattoon
- Oct. 23 - Barbara Miranda
- Oct. 26 - Mariamma Varghese



## October Anniversaries:

- Oct. 3 - George and Shirley Rimmell
- Oct. 9 - Jeff and Mary Helen Douglas
- Oct. 27 - Chuck and Joye Knowlton



## Expanded Adult Education Offerings With Something for Everyone!

**Adult Education Thursday Night Forum** October 29, 7:00 pm

Facebook and Social Networking: Using Facebook as a Marketing Tool to Promote Your Parish,

Led by the Rev. Terri Pilarski

In the Parish Hall

**Adult Education Sunday Morning Forum** November 8 9:20-10:10

Opening the Prayer Book: An Eight Week Book Discussion Class

Facilitated by John Rees

In the Education Classroom

**Adult Education Thursday Night Forum** Weekly November 12 to December 17 (except Thanksgiving)

Bible Study on the Gospel of Luke

Taught by the Rev. Terri Pilarski

In the Parish Hall

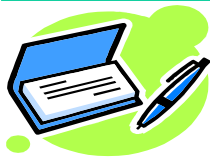


## A glimpse of a fine event...

More on page 8



Please forgive blurriness of pictures, it could not be helped.



## A Note from Financial Fred



Dear Family and Friends,

Please remember to destroy **ALL** Pledge Envelopes that **are not** for 2009! Pledge Envelopes need to be utilized for **PLEDGES** only. Any other remittance needs to be separate; in a regular mailing envelope, if so desired.

**All** checks are to be made out to The Episcopal Church of St. Matthew and what the check covers is noted in the memo area - ie: Rector's Discretionary Fund, UTO, Just Coffee, Angel Fund.

A hearty thanks to our Counters! Let's please make their volunteer efforts as uncomplicated as we can!

Thank you for your kind contributions, we appreciate them so much!

Your friend,

*Financial Fred*

## ***Coffee filters...who knew?***

*And you can buy like 1,000 at the Dollar Tree for almost nothing!*



- 1. Cover bowls or dishes when cooking in the microwave. Coffee filters make excellent covers.***
- 2. Clean windows and mirrors. Coffee filters are lint-free so they'll leave windows sparkling.***
- 3. Protect China. Separate your good dishes by putting a coffee filter between each dish.***
- 4. Filter broken cork from wine. If you break the cork when opening a wine bottle, filter the wine through a coffee filter.***
- 5. Protect a cast-iron skillet. Place a coffee filter in the skillet to absorb moisture and prevent rust.***
- 6. Apply shoe polish. Ball up a lint-free coffee filter.***
- 7. Recycle frying oil. After frying, strain oil through a sieve lined with a coffee filter.***
- 8. Weigh chopped foods. Place chopped ingredients in a coffee filter on a kitchen scale.***
- 9. Hold tacos. Coffee filters make convenient wrappers for messy foods.***
- 10. Stop the soil from leaking out of a plant pot. Line a plant pot with a coffee filter to prevent the soil from going through the drainage holes.***
- 11. Prevent a Popsicle from dripping. Poke one or two holes as needed in a coffee filter and put the stick through it.***
- 12. Why use expensive strips to wax eyebrows? Use strips of coffee filters.***
- 13. Put a few in a plate and put your fried bacon, French fries, chicken fingers, etc on them. They'll absorb all the grease.***
- 14. Keep some in the bathroom. They make great "razor nick fixers."***

**OH YEAH, THEY ARE GREAT TO USE IN YOUR COFFEE MAKER TOO!**

## It's Shoebox Ministry Time Again!

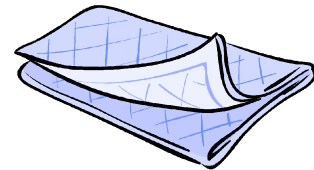
Dear fellow parishioners:

For 12 years Pantano Rotarians, other Rotarians, friends, churches, offices, other area clubs, clubs in Canada and Mexico, and more -- have been bringing joy to children in Nogales, Sonora, Mexico. These children live in extremely poor socio-economic circumstances. They live in the makeshift houses on the hillsides around Nogales. Rotarians visit these homes and hand out tickets to be redeemed on "Three Kings Day". Food and blankets are also provided for the households. Many of these households have no one employed.



St. Matthews has been involved in this ministry for 4 years. We have been joined by St. Andrew's Episcopal Church in Sedona, AZ.

The goal of the entire multinational effort is to provide 600-800 (or more) filled shoeboxes for infants through 12 year olds, 500 blankets and donations to purchase food. The priorities for item collection this year are blankets, filled shoeboxes and school backpacks.



The key to success will be finding ways to multiply our efforts! We applaud all who have joined in to make a difference. Now, please go tell a friend – tell a group – tell your business – tell other churches – tell another club – tell a neighbor. By multiplying our efforts we can reach our goals.



Monetary donations are a HUGE help in buying foods and blankets. Those who are unable to prepare a shoebox can make a big difference with a monetary donation. Make checks payable to "Pantano Rotary Foundation" (501C3 – tax deductible). Your money goes directly to food and blanket purchases for the project.

There will be a shoebox wrapping event at St. Matthew's on Saturday November 21, at 9:00 am in the Parish Hall. Please bring shoeboxes, scissors, scotch tape and wrapping paper. Contact Dawn Stoner (520-885-4330) if you have questions.

*Continued on next page*

## More on Shoebox Ministry...

**WRAPPING SHOEBOXES:** Wrap shoebox in holiday paper. Please, no tied ribbons that keep the box closed. The top lid must be free from the bottom to allow for inspection at the border.

**BLANKETS:** Blankets may be new or used. If used they must be dry cleaned (leave cleaning tag attached). Roll blanket like a bedroll with some twine or ribbon or tape around it for easy carrying. For less than \$5.00 one can buy a blanket at Wal-Mart.

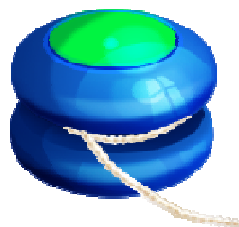
**AGE GROUPS FOR BOXES:** infants – 12 mos., 18 mos to 2 years, 3 – 5 years, 6 – 8 years, 9 – 11 years, and 12 plus

**PREPARING YOUR BOX** Think of a child for your box. Purchase items for that child. Write the age group and gender with a **FAT BLACK MARKER** on the end of the box. Remove or “black out” labels that say “Made in China.” Do not half-fill the box. Join with a friend if one box is too much. We are hoping each person can furnish 1-2 boxes. We can only imagine the desperate need this year.

**SUGGESTED ITEMS:** a small toy, a packet of hard candy, mittens, ear muffs, caps, gloves, scarves, underwear, socks, sweats, t-shirts, school supplies such as crayons, colored pencils, notebooks, paper, personal hygiene items such as toothpaste, toothbrush, soap, and baby care items such as diaper bag, bottle, receiving blanket, bibs, etc. We are emphasizing warm clothes and utilitarian items this year. Use your imagination!

All shoe boxes will be taken by Anibal to Past Rotarian Governor Sandy Goodsite's place of business at 1140 Rosemont in Tucson in time for pickup by the Nogales Rotarians on Tuesday, December 8<sup>th</sup>. They will be delivered to children on January 10, 2010.

We cannot thank you enough for your time and dedication to this ministry. The children who benefit from your kindness may not be able to thank you personally, but you know they appreciate your generosity and will think of you each time they use or enjoy the items you include.





## **A Prayer for our Parish Family**

Save us, O Lord, in our parishes, from being inward-looking and backward-looking in the work of the church. Help us to take our eyes off ourselves and turn them on the world around us: to be concerned less with what we have accomplished or where we have failed and more with what remains to be done: that with our vision enlarged and our love rekindled, we may go forward to attempt new and greater things to your glory: in the name of Jesus Christ our Lord. Amen.

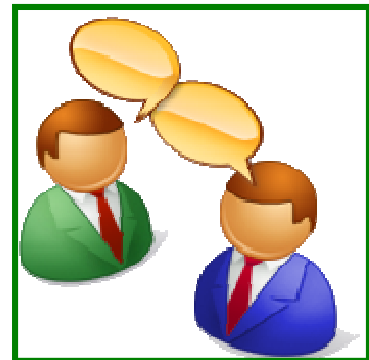
(This prayer comes from the Episcopal Church of the Transfiguration,  
Dallas, Texas. where it is used regularly).

# Respect: It does a Church good!

*(Continued from page 1)*

They are given in the first person singular so that one can take ownership for them for oneself although the 9<sup>th</sup> one does mention Sunday morning preaching. I believe that after you read them, you can see how they can strengthen us in our communication to one another to be a healthier church. They are:

1. If you have a problem with me, come to me (privately).
2. If I have a problem with you, I will come to you (privately).
3. If someone has a problem with me and comes to you, send them to me. (I will do the same for you.)
4. If someone consistently will not come to me, say to them "Let's go see Father Rick together. I am sure he will see us about this." (I will do the same for you.)
5. Be careful how you interpret me – I would rather do that. On matters that are unclear, do not feel pressured to interpret my feelings or thoughts. It is easy to misinterpret intentions.
6. I will be careful how I interpret you.
7. If it's confidential, don't tell. [Re-establishing trust after confidence has been broken can be difficult and sometimes is not possible.] The only exceptions to this would be if physical harm is going to be done to someone or if a child has been physically or sexually abused.
8. I do not read unsigned letters or notes.
9. I do not manipulate: I will not be manipulated; do not let others manipulate you. I will not preach "at" you on Sunday mornings. I leave conviction to the Holy Spirit (God is much more capable of that).
10. When in doubt, just say it. The only dumb questions are those that don't get asked. We are a family here and we care about each other, so if you have a concern, pray, and then (if led) speak up. If I can answer it without misrepresenting something, someone, or breaking a confidence, I will.



I am honored and humbled to be your Rector. I value our willingness to be together and work together with respect for one another and others! Our Exchange of Peace at our liturgies may be rather lengthy but it is one that we are to offer to everyone around us, no matter who they are. After all, our baptismal vows include respecting the dignity of every human being. The wisdom of Jesus reminds us that everyone is of infinite value to God so respecting each other and ourselves puts us in good company!

God's Peace!

Father Rick+